

# Certification Maintenance Worksheet



The Mark of Professionalism

6015 W. ST. Joseph Highway, Suite 102, Lansing, MI 48917-3980, (517) 321-2638, www.abih.org

Please check the ABIH web site (<http://www.abih.org>) to ensure that you are using the most current version of the CMW. The form and rules do periodically change.

Period Covered:		<i>Total CM Points on this Worksheet:</i>	
CIH/CAIH Number			
Name:			
Postal Address:			
Email:			
Phone Number:			
Alt. Phone:			

Address Change: Do you wish to change your preferred address in the online directory? ABIH maintains one address per Diplomate. Circle Y or N

NOTE - please take a moment to verify that your other information in the on-line ABIH Roster database is current.

## CM Worksheet - Key Points Summary:

CM worksheets are due by February 1 of the year immediately following the end of the 5 year CM cycle. A worksheet received electronically or postmarked after February 1 must be accompanied by a \$100 late fee or it will not be processed.

For each 5 year CM cycle, the CIH and CAIH must accumulate at least 40 and 35 points, respectively. In Category 4, at least 10 CM points must be accrued in the "IH" point category. At least 0.33 points (of the 10 points) must be in the "IH Ethics" point category.

CM points must be accrued during the CM cycle (i.e. January 1 of Year 1 to December 31 of Year 5). There is no ceiling on the number of CM points accumulated in any one year.

Diplomates who passed the IEQ exam must accrue at least 5 CM pts in the 5 year CM cycle in IEQ-related topics.

Further details on the CM process is available in the CM Handbook, available at <http://www.abih.org>.

## Category 1. Active IH Practice

*Category 1 Points*

CIH - Maximum: 3 pts/yr, (>50% IH practice = 3 pts/yr, >20% - <50% IH practice = 2 pts/yr.)

CAIH - Maximum: 2 pts/yr, (> 20% IH practice = 2 pts/yr.)

Briefly summarize your practice of industrial hygiene during this CM cycle. Refer to <http://www.abih.org> for additional guidance on areas of practice which can be counted toward Category 1.

Dates (mm/yr-mm/yr)	Name of Employer	Position Title	Brief Description of Industrial Hygiene Practice	CM Points







**Category 5: Teaching****Category 5 Points:**

Maximum of 20 pts per 5 year cycle

Teaching in IH outside one's normal job and organization receive 0.33 CM pts/hr, 1 hour minimum. Presentations <60 minutes but > 15 minutes receive 0.25 pts.

Platform, poster, technical presentations via a peer reviewed selection process at a national or international conference receive 1 CM pt if > 20 minutes but < 60 minutes.

*Consultants:* presentations performed as part of your consulting practice are not eligible for Category 5 CM points.

Dates (mm/dd - mm/dd/yr)	Topics of Presentation	Teaching (hours)	Sponsor	CM Points

**Category 6: ABIH Examination****Category 6 Points:**

Diplomates receive 40 CM points for passing the ABIH Comprehensive Practice examination during the Spring or Fall of the 5th year of the CM cycle, or the Spring of the 6th year of the CM cycle. An examination fee is required.

**Category 7: Other Activities****Category 7 Points:**

Approved Category 7 activities are listed in the Documents library at <http://www.abih.org>.

If you have an activity not listed on the Category 7 document, please contact ABIH before claiming it on your CMW.

Dates (mm/dd-mm/dd/yr)	Description of Activity	Sponsor	CM Points

**Declaration:**

I attest that the statements made on this Worksheet are true and correct to the best of my knowledge, and that during the period covered by this worksheet I have not been made aware of any charges against me of unethical practice of industrial hygiene, nor have I been convicted of a felony. I also agree to adhere, to the best of my ability, to the ABIH Code of Ethics and be governed by the Ethics Case Procedures as published on the ABIH website (www.abih.org).

**Your Signature****Date****Submit the CM Worksheet ONE TIME via one of the following methods:**

- 1) Paper copy (e.g. postal mail, FedEx, etc). Send to: ABIH, 6015 W. St. Joseph Hwy, Lansing, MI, 48917
- 2) Fax. Send to 517-321-4624.
- 3) Scan and submit via email to cm@abih.org.

**REMINDER - CMWs received or postmarked > Feb 1 (after the end of your 5 year CM cycle) will be subject to a \$100 late fee.**

**Re-certification does not mean that all CMW entries were acceptable and credited.**