



CM Worksheet

The Mark of Professionalism

Total Points ¹	
Cat 4 IH Points	
Cat 4 IH Ethics Points	

Name		Certificate No.	
Email		Cycle Start Date	
Phone Number		Cycle End Date	

Certification Type	<input type="checkbox"/> CIH <input type="checkbox"/> CAIH <input type="checkbox"/> CIH w/ IEQ	Hardship Cycle Granted	<input type="checkbox"/> Cycle Extension <input type="checkbox"/> Leave of Absence	CM Cycle ²	54 Months 60 Months
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¹ Minimum Requirements for recertification depend on your certification type and cycle period. <http://www.abih.org/maintain-certification/minimum-requirements>

² Worksheets are due according to your cycle calendar schedule. <http://www.abih.org/maintain-certification/worksheet-reporting-calendar>

If recertified, your new Certificate is sent to your postal address on record. <http://portal.abih.org/members/roster/login.cfm>

Category 1. Active IH Practice	<i>Category 1 Points</i>
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Current Rules <http://www.abih.org/maintain-certification/active-practice>

Dates <small>(mm/yr-mm/yr)</small>	Employer	Position Title	Brief Description of IH Practice	CM Points

Category 2: Technical/Professional Committee Service				Category 2 Points
Current Rules http://www.abih.org/maintain-certification/committees				
Dates (mm/yr-mm/yr)	Sponsoring Society	Committee Name	Your Position	CM Points

Category 3: Publication of IH Papers				Category 3 Points:
Current Rules http://www.abih.org/maintain-certification/publications				
Publication Date (mm/yr)	Journal Name & Title of Paper	Primary Author?	Peer Reviewed?	CM Points

Category 4: Attendance At Educational Programs

Category 4 Points

Current Rules <http://www.abih.org/maintain-certification/education>

IH Points

IH Ethics Points*

Safety Points

* The IH Ethics points can also be added to the IH points

There are two sections: ABIH-Calculated & Diplomate-Calculated. Use link above if unclear about where an event should be entered

ABIH Calculated CM Credit

Use this section for events completed prior to 2012 and when the ABIH-awarded CM point value is known.

Attendance Dates <small>(mm/dd - mm/dd/yr)</small>	Event Title & Location <small>(Briefly describe subject matter if not clear from the title)</small>	Sponsor	CM Area ^a	CM Points
^a CM Area = IH, Safety, IH Ethics				

Diplomate- Calculated CM Credit

Use this section for all other events that do not meet the criteria for the ABIH-Calculated section above.

Attendance Dates <small>(mm/dd - mm/dd/yr)</small>	Event Title & Location	Sponsor	CM Hours ^b	CM Area ^a	CM Points ^c
<p>^b The number of technical hours excluding breaks, networking, lunches etc ^c Convert hours to points at a rate of 0.167 point per hour</p>					

Category 5: Teaching				Category 5 CM Points	
Current Rules http://www.abih.org/maintain-certification/teaching-presenting					
Dates (mm/dd - mm/ddyr)	Topics of Presentation (and Event or Sponsor)	Presenter or Co-Author?	Presentation Time (minutes)	CM Points	
5a) At a <u>National or International Conference</u>, a peer-reviewed IH presentation					
5B) All other IH or IH-related teaching or presenting.					
Dates (mm/dd - mm/ddyr)	Topics of Presentation (and Event or Sponsor)	Live, Poster, or Delayed Delivery?	Delivery Time (minutes)	CM Points	

Category 7: Other Activities			Category 7 Points	
Current Rules http://www.abih.org/maintain-certification/other				
Dates (mm/dd-mm/dd/yr)	Description of Activity	Sponsor	CM Points	

Declaration:

I attest that the statements made on this Worksheet are true and correct to the best of my knowledge, and that during the period covered by this worksheet I have not been made aware of any charges against me of unethical practice of industrial hygiene, nor have I been convicted of a felony. To the best of my ability, I agree to adhere to the ABIH Certification Maintenance program which includes the ABIH Code of Ethics. I will report unethical behavior and if I am involved in an ethics case, I agree to be governed by the Ethics Case Procedures. I agree that I will not use my certification in a manner that negatively impacts the certification mark or ABIH, e.g. misleading or unauthorized claims. All relevant information pertinent to the CM program is published on the www.abih.org.

I understand that if recertified, my new certificate will be mailed to the postal address on record with ABIH.

Your Signature

Date

Submit the CM Worksheet ONE TIME via one of the following methods:

- 1) Email to cm@abih.org. Your signature is required so you will need to include a digital signature OR a scan of at least the last page
- 2) Paper copy (e.g. postal mail, FedEx, etc). Send to: ABIH, 6015 W. St. Joseph Hwy, Lansing, MI, 48917

LATE PENALTIES - CMWs received electronically or postmarked > 1 month after the end of the CM cycle will be subject to a late fee. Worksheets received >3 months after the end of the CM cycle must be accompanied by all proof-of-participation records.