Eligibility Self-Assessment Form

This self-assessment provides a simple checklist of key eligibility requirements for people interested in pursuing the CIH® credential. Please complete this form before contacting ABIH so that we can better assist you.

If you are unable to check all of the boxes below, it may mean that you have an eligibility gap that must be closed.

Academic Degree
- A. I have at least a 4-year Bachelor’s degree from a U.S. college or university that is accredited by a U.S. Department of Education- (USDE) recognized regional or national accreditation agency, or a degree from an appropriately-accredited foreign institution that is academically equivalent to a U.S. Bachelor’s degree.
- B. I have had at least 60 U.S. Academic Semester Credits / 900 contact hours¹ of college or university coursework in science, science-based technology, engineering, or math (STEM).
- C. At least 25% of my STEM coursework hours shown above (15 U.S. academic semester credits / 225 academic contact hours) are at the 3rd-year (Junior), 4th-year (Senior), or Graduate level.

IH-Specific Coursework (Academic or Continuing-Education)
- D. I have had at least 12 U.S. academic semester credits / 180 academic contact hours of Industrial Hygiene (IH) coursework from a college or university, or 240 contact hours from a continuing-education provider.
- E. At least 50% of my IH coursework hours (either 6 U.S. academic semester Credits / 90 contact hours from a college or university, or 120 contact hours from a continuing-education provider) are in Fundamentals of IH, Toxicology, Measurements, and Controls.
- F. I have had at least 2 contact hours of Ethics training from a college, university or continuing-education provider.

Professional Practice Experience
- G. I have at least 4 years of professional-level comprehensive industrial hygiene practice.
  - Bachelor’s degree graduates from an ABET-accredited IH program² may receive 6 months’ experience credit.
  - Master’s degree graduates from an ABET-accredited IH program or Doctoral graduates from an IH program may receive 1 year of experience credit.
- H. I have broad-scope, professional-level IH experience in at least two of the following occupational health stressors: Chemical, Physical, Biological, or Ergonomic.
- I. I am currently practicing industrial hygiene at the professional level.

¹ 1 U.S. Academic Semester Credit = 15 contact hours from a U.S. college or university = 20 continuing education contact hours.
² Current ABET-accredited IH programs listing available at ABIH.org.

Next Steps:
1. If you have checked all of the boxes above, it is likely that you will meet the BGC® eligibility requirements to sit for the CIH® exam. Please continue to review your qualifications on the Become Certified section of the BGC/ABIH® web site.
   a. International applicants should review this section.
2. If you have questions about the information on this form:
   a. Additional detail is available on the BGC/ABIH® web site (www.abih.org) and in the CIH® Candidate Handbook.
   b. If you would like to email us (info@ehscredentialing.org) a completed copy of your self-assessment with your contact information, we would be happy to suggest ways to close identified gaps.
   c. Also, feel free to call us (517-321-2638 x5765) if you have questions. We will be glad to clarify any items on the checklist and discuss the options to increase your eligibility.