This self-assessment is a simple checklist of eligibility requirements for people interested in pursuing the CIH® credential.

If you are unable to check all of the boxes below, you might have an eligibility gap that must be closed.

### Academic Degree

- **A.** I have at least a U.S Bachelor’s degree or equivalent from a college/university that is accredited by an organization that is recognized by the U.S. Department of Education (USDE), Association of Universities and Colleges of Canada (AUCC), or a nationally- or regionally-authorized agency. (Non-US/Canadian graduates may require evaluation reports from a NACES or AICE member organization.)

- **B.** I have at least 60 U.S. academic semester credits/900 contact hours’ of college or university coursework in science, science-based technology, engineering or math (STEM).

- **C.** At least 25% of my STEM coursework hours above (15 U.S. academic semester credits/225 contact hours) are at the upper level (beyond intermediate: 3rd-year (Junior), 4th-year (Senior), or Graduate level.)

### IH-Specific Coursework (Academic or Continuing Education)

- **D.** I have at least 12 U.S. Academic semester credits/180 contact hours of Industrial Hygiene (IH) coursework from a college or university, or 240 contact hours from a continuing-education provider.

- **E.** At least 50% of my IH coursework hours (6 U.S. Academic semester credits/90 contact hours from a college or university, or 120 Contact Hours from a continuing-education provider) are in Fundamentals of IH, Toxicology, Measurements and Controls.

- **F.** I have at least 2 contact hours of ethics training from a college, university or continuing-education provider.

### Professional-Level Practice Experience

- **G.** I have at least 4 years of professional-level, comprehensive industrial hygiene practice.
  - Bachelors graduates from an ABET-accredited IH program may receive 6 months of experience credit.
  - Masters graduates from an ABET-accredited IH program or Doctoral graduates from an IH program may receive 1 year of experience credit.

- **H.** I have broad-scope, professional-level IH experience in at least two of the following occupational health stressor categories: Chemical, Physical, Biological or Ergonomic.

- **I.** I am currently practicing industrial hygiene at the professional level.

---

1 U.S. academic semester credit = 15 contact hours from a U.S. college or university
Professional References for Your Application

☒  J. At least two supervisors will provide references for the duration of my professional practice experience.

☐  K. I will take one of the following actions to document my professional-level IH/OH work.
   • Request a reference from a CIH
   • Request a reference from someone certified at the professional level by an organization whose IH/OH certification scheme is recognized by the International Occupational Hygiene Association (IOHA).
   • Provide three work samples demonstrating a range of broad-scope industrial hygiene activities covering the duration of my professional practice experience being claimed.

Next Steps:

1. If you have checked all of the boxes above, you probably meet the BGC® eligibility requirements to sit for the CIH® exam. Please continue to review your qualifications on the Eligibility portion of the ABIH® web site.

2. If you have questions about the information on this form:
   a. Additional detail is available on the ABIH® web site (www.abih.org) and in the CIH Candidate Handbook.
   b. Call us (517-321-2638 Ext.5765) if you have questions. We will be glad to clarify any items on the checklist and discuss the options to increase your eligibility.